

## Heavenly Sandwiches

Sandwiches include Chips, Potato Salad or Fruit.  
Upgrade to House Salad or Cup of Soup for \$2

### Grilled Wraps

**COSMOPOLITAN** Homemade grilled chicken salad, applewood-bacon, Swiss cheese, lettuce, tomato and mango-pineapple vinaigrette in a sundried-tomato wrap \$7.49

**CALIFORNIA** Roast turkey, smoked ham, guacamole, provolone cheese, roasted red pepper aioli, lettuce, tomato and marinated onions in a sundried-tomato wrap \$6.99

**WESTHAMPTON** Homemade shrimp salad, melted Pepperjack cheese, lettuce, tomato and mango-pineapple vinaigrette in a sundried-tomato wrap \$6.99

**SARATOGA** Roast turkey, smoked ham, applewood-bacon, lettuce, tomato, Swiss cheese and herb-aioli in a sundried-tomato wrap \$6.99

### Grilled Panini

**BELLA** Portabella mushroom, roasted red pepper aioli, marinated onions and mozzarella & chevre cheese on grilled herb flatbread \$6.99

**COWBOY** Roast Beef, provolone cheese, sautéed onions, herb-aioli on grilled herb flatbread with au jus \$7.49

**SIENNA** Roast turkey, provolone cheese, lettuce, tomato and mango-pineapple vinaigrette on grilled herb flatbread \$6.99

**MONTEREY** Homemade albacore tuna salad, cheddar cheese, lettuce & tomato on grilled herb flatbread \$6.99

## Fresh Quesadillas

Add a House Salad or Cup of Soup \$2

**YA-YA QUESADILLA** Portabella mushrooms, grilled zucchini, squash & onions, roasted red peppers, mixed greens, Swiss, Mozzarella & Pepperjack cheese on a sundried-tomato wrap with a side of mango-pineapple sour cream \$5.99

**SONOMA SHRIMP QUESADILLA** Seasoned shrimp, sweet corn, roasted red peppers, marinated onions, black beans and Pepperjack cheese on a sundried-tomato wrap with a side of chipotle ranch \$6.99

## Bo-dacious Burgers

All-Natural, 100% Beef with a side of Turbo-Fries

**ULTIMATE BLT BURGER** Applewood bacon, cheddar cheese, herb-aioli, ketchup, onion, lettuce & tomato on a warm onion roll \$8.49

**RHYTHM & BLUES BURGER** Applewood bacon, blue cheese dressing, lettuce & tomato on a warm Kaiser roll \$8.49

**THE ALAMO BURGER** Guacamole, Pepperjack cheese, chipotle ranch dressing, lettuce & tomato on a warm onion roll \$8.49

## Flatbread Pizza

Add a House Salad or Cup of Soup \$2

**THAI SHRIMP PIZZA** Sweet shrimp, Thai peanut sauce, scallions, cilantro, red onions, shredded carrots and mozzarella cheese \$6.99

**MEMPHIS Q. PIZZA** Grilled chicken, BBQ sauce, scallions, cilantro, red onions and Monterey jack & cheddar cheese \$6.99

**SANTA FE PIZZA** Grilled chicken, chipotle ranch sauce, tomato salsa, corn, black beans, red peppers, red onions, scallions, cilantro and Monterey jack & cheddar cheese \$6.99

**ALOHA PIZZA** All-natural smoked ham, pineapple, Hawaiian sauce, red onions and mozzarella cheese \$6.99

**CLASSIC NIRVANA PIZZA** Roma tomatoes in a classic sauce, olive oil, heavenly spice and mozzarella, parmesan & chevre cheese \$5.99

**PORTABELLA IN PARADISE PIZZA** Portabella mushrooms, zucchini, squash, red onions, classic sauce and mozzarella & chevre cheese \$6.99

## Sensational Salads

Add Grilled Chicken or Two Scoops of our Homemade Shrimp Salad, Tuna Salad or Chicken Salad \$2

**CARIBBEAN HARVEST** Mixed greens, walnuts, cran-raisins, applewood-bacon, chevre cheese and mango-pineapple vinaigrette \$6.99

**SESAME GINGER** Mixed greens, cucumbers, tomatoes, shredded carrots, mandarin oranges, crunchy noodles and sesame ginger dressing \$6.99

**GREENHOUSE** Mixed greens, cucumbers, carrots, tomatoes, shredded jack cheese and your choice of dressing \$5.99

**NIRVANA TRIO** Homemade shrimp salad, grilled chicken salad and albacore tuna salad atop mixed greens with tomatoes \$7.99

## Signature Soups

**TENDER CRAB & SWEET CORN** Sweet and creamy, made with real crab, corn, a splash of brandy and a spicy kick Cup \$3.99 Bowl \$5.99

**ROASTED TOMATO & BASIL** Smooth and velvety, with fresh-roasted tomatoes and fragrant basil Cup \$3.99 Bowl \$5.99

## Kickin' Chicken Tenders

Organic Chicken, Zero Trans-Fat, Oven-Baked w/ Turbo-Fries

**CARIBBEAN CHICKEN TENDERS** Organic chicken tossed in mango-pineapple dressing, served with ya-ya dipping sauce \$8.49

**NIRVANA CHICKEN TENDERS** Organic chicken tenders served with honey mustard and BBQ sauce \$8.49

Please give us your feedback at [info@eatnirvana.com](mailto:info@eatnirvana.com) and join our loyalty club at [www.eatnirvana.com](http://www.eatnirvana.com) for special offers

## Coffee & Hot Tea

<b>Café Latte</b> Espresso, steamed milk.....	\$3.29
<b>Chai Tea Latte</b> Spiced tea, steamed milk.....	\$3.49
<b>Cappuccino</b> Espresso, steamed milk, foam cap .....	\$3.29
<b>Mocachino</b> Espresso, chocolate, steamed milk, whipped cream ....	\$3.49
<b>Espresso</b> Our richest dark-roast coffee, freshly ground.....	\$1.49
<b>Brewed Coffee of the Day</b> .....	\$1.69
<b>Assorted Hot Teas</b> .....	\$1.69
<b>Hot Chocolate</b> .....	\$2.49

## Fountain & Other Drinks

<b>Fountain Drinks</b> .....	\$1.59
<b>Nirvana Iced Tea</b> (Mango & Sweet Tea) ....	\$1.59 cup \$5.29 gallon
<b>Bottled Water</b> .....	\$1.49
<b>Milk/Chocolate Milk</b> .....	\$1.69
<b>Milk Shake</b> .....	\$3.99

## Baskets-@-Turbo Fries

**SWEET POTATO FRIES** All-natural sweet potato fries, oven-baked with zero trans-fat and served with our ya-ya dipping sauce \$5.99

**WAFFLE FRIES** Yukon Gold premium potato fries, oven baked with zero trans-fat and served with honey mustard and ketchup \$5.99

## Kid's Meals

Includes a Kid's Drink and choice of Fruit or Chips. Kids 12 and under.

**FLATBREAD CHEESE PIZZA** All-natural tomato sauce & mozzarella cheese \$4.99 Add turkey pepperoni \$1.00

**SAY CHEESE QUESADILLA** Melted cheese in high-protein tortilla \$3.99 Add ham, turkey, roast beef or chicken \$1.00

**KID'S SANDWICHES** Chicken salad, tuna salad, ham & cheese, turkey & cheese and roast beef & cheese \$4.99 Peanut butter & jelly and grilled cheese \$3.99

**MIGHTY MAC & CHEESE** Mini macaroni and cheese sauce \$4.99

**NIRVANA CHICKEN TENDERS** Organic, oven-baked chicken \$5.99

## Gelato & Desserts

<b>Child</b> cup or cone (kids 12 and under) .....	\$1
<b>Small</b> cup or cone .....	\$2.79
<b>Large</b> cup or cone .....	\$3.79
<b>Nirvana Sundae</b> Choose Ghirardelli chocolate or caramel sauce, and whipped cream topped with sprinkles .....	\$1 extra
<b>Chocolate Chip Cookie stuffed w/ Fudge Brownie</b>	\$1 each

Nourish Your Life  
eatnirvana.com

# NIRVANA<sup>®</sup> CAFE & GRILLE

Our definition of Nirvana is... better. Better for you and better tasting. Our chicken is organic and our produce is locally grown. We serve all-natural sandwich meats & cheese. No additives or preservatives. No trans fat and less sodium. Our wraps have high fiber & protein. Even our ice cream is made with organic milk. Who knew healthy could taste this good?

## Roswell, Georgia

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